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With the view that women with higher educational levels usually are more able to enhance their own and their families' life quality, the current research proposes the analysis of the Mulheres Mil Program on the perspective of Food and Nutrition Security. The Program aims to intensify the process of regional and institutional development for the enhancement of the access of women with social vulnerability to education and the employment world. The general objective of this research is to identify the approximation between these program and some principles of Food and Nutrition Security, such as intersectoriality, citizenship and the levels of eligibility of human right to adequate food. Therefore, a questionnaire was sent to 19 managers in Brazil that was elaborated according to the analysis guide of politics and public programs of food and nutrition security, of National Counsel of Food and Nutrition Security. The results found indicate potentialities between the characteristics of Mulheres Mil Program and Food and Nutrition Security, under the perspective of women empowerment[1], access to income and education, to intersectoriality and to the promotion and protection of violate the human right to adequate food. As a result, it is recommended to establish and strengthen integrated actions between the executors of the program and the institutions involved with food and nutrition security of the country, seeking for major amplitude of the results, especially for the relevance of the identified emancipatory field.

[1] Empower: "to give power to (someone); to give official authority or legal power to (someone)". <http://www.merriam-webster.com/dictionary/empower>