FATHERS INVOLVEMENT AND PARTICIPATION IN FEEDING THE UNDER FIVES;

CAN IT SAVE THE CHILDREN'S NUTRITIONAL STATUS?

Kaggwa Margaret

Uganda

Fathers should be involved in feeding to improve on the nutrition status of the under fives. Are the bread winners in most families hence the need to involve them in nutrition of fewer than fives. Nutritional status is determined by three broad factors i.e. food, care and health. Since fathers are the sole provider for family, lack of resources by the care taker to cater for health will affect nutrition of under fives. Malnutrition if not, prevented, treated in early stages promptly, and rehabilitee becomes permanent cause brain damage in the under-fives. Father involved in child neglect, abandonment, divorce, inequalities are leading secondly malnutrition in low income countries. Low adequate feeding practices i.e. continued breast feeding, adequate feeding frequency and diversity in children 6-23 months: 37 percent ZDHS 2007). Lack of resources or knowledge of care takers, along with illnesses such as diarrhea, pneumonia, malaria, and HIV and AIDS, often exacerbated by intestinal parasites, are immediate causes of malnutrition. Underlying and more basic causes include poverty, household food insecurity, unsanitary health environment, illiteracy, social norms, and emergencies In England, the Government’s strategy for securing parental involvement was first set out in the 1997 White Paper, Parent & under-fives. Therefore fathers are MENs INVOLVEMENT AND PARTICIPATION IN FEEDING THE UNDER FIVES;

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Prevalence of anemia: 53 percent in children under five and 30 percent in women of child bearing age (Source: NFNC2002)

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University of Nicaragua

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