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Topic: The impact of food systems on nutrition, diet and health

Title: Linking healthy consumption patterns and sustainable production: Can we take the organic food system as a model for sustainable food systems?

Presentation Type: Workshop

The Sustainable Development Goals adopted by the international community serve as a driver for sustainable consumption and production (SCP) of food. The workshop objective is to discuss the translation of SCP goals into sustainable diets by model of the organic food system. Technical content draws on diet case studies (foraged, Indonesian) and food system case studies (organic, processed). The target audience is interested in investigating the role of food production and consumption on health in different regional settings; the workshop is open to all interested. Participants will be invited to reflect on and contrast own regional diets and sustainability goals.